



# INSIDETHE WAVES

The Official Newsletter of the Waves of Westlake

## 2010 Season Schedule

June 12th—Time Trials

June 19th—@ Maximum Velocity Propulsion (L—304-266)

June 26th—@ Takoma Park

July 3rd—@ Strathmore Bel-Pre

July 10th—Teresa Banks @ WOW

July 14th—"B" Meet vs Bannister @ WOW (6 pm)

July 17th—Bel Air Bath & Tennis @ WOW

July 18th—Charles County Championship Meet

July 24th—A Division Championship

July 24th—Awards Banquet

July 31st—All Star Meet

**LET'S GO WAVES!! 2010 IS GOING TO BE GREAT!!**

## DIVISION STANDINGS

MVP	1-0-0
Teresa Banks	1-0-0
Takoma Park	1-0-0
<b>WAVES</b>	0-1-0
Belair BB&T	0-1-0
Strathmore	0-1-0

## WAVES HANG TOUGH; DROP OPENER

A famous American once said "My philosophy of life is that if we make up our mind what we are going to make of our lives, then work hard toward that goal, we never lose—somehow we win out." Last Saturday, the Waves of Westlake opened the 2010 campaign on the road in Washington, DC, hosted by Maximum Velocity Propulsion. Going in, the Waves knew that their challenge was going to be stiff, wanting to show early on that they deserved their promotion to A Division. No one who witnessed the meet can deny that the Waves deserve any less. Despite facing one of the most talented teams in the league, on the road in mid-June when jitters still have not been settled, the Waves clawed and battled their opponent from the first event to the last. There was no giving in, but in the end, MVP came away with an impressive 304-266 victory.

One can then surmise that the Waves lost and that's what the standings will indicate. But this is a meet where a team holds it head high, even in defeat, and says "We did it!" The Waves survived their first A Division meet in 5 years in grand style pushing MVP's swimmers to perform at their best. There also was no missing the class displayed by both teams and their parents and fans. Although it's been 5 years since we last faced MVP, many of us still remember that team as one of the classiest and friendliest teams in the PMSL. Always the good host, and sending off the Waves with a rousing cheer at the end, it's gratifying to know that an opponent knows how to balance competition with fun and make it a great day for everyone. MVP is a class act and we wish them well this season. Thanks too to our swimmers who regularly extended a hand to their opponents. It was noticed

by several of the timers on deck. Great job kids! Despite the loss, the Waves had some impressive moments. They captured firsts in 21 of 49 events, and added 22 second place finishes. Between events 15-22, the Waves won 6 of 8, and surpassed that by winning seven straight events from event 35-41. MVP's swimmers countered by winning 8 of the first 9 events, and all 5 relays. Stellar performances all around! Andrew and Anthony Nguyen, and Kerrigan McMillen were triple winners. Alexander Nguyen, Ebony Sherrill, and Kendall McMillen scored double victories. Abby Belote, Darian Bassett, Christian and Austin Fisher, Noemi Arquero and Matt Cooke all were single event winners. Record setters included Anthony Nguyen breaking the pool record (and missing the PMSL record by just .01 second!) in the 8 & under 25 yard free and the 8 & under 25 yard backstroke, again narrowly missing the league record by .11 seconds! Bridie Burke, swimming for MVP in the 13-14 girls events broke two pool records as well. Safe to say that our kids swam A Division quality today! Whether your swimmer broke a record, captured a first, or just finished their first ever Waves event, they all get credit for an impressive opening season performance. Win or lose, one thing about this team through 22 years of history is that we all are a part of the team and it wouldn't be as fun without each and every swimmer who has donned the aqua and blue! (And yes, the purple for one year! Who picked those?!) Next Saturday the Waves caravan once again heads out early to travel to Takoma Park and yet another top-flight opponent! Remember, pack light, support the host team's snack bars and leave memories of a classy team not our empty bottles!



# PAGE TWO: SHOOT THE CURL

## PMSL SWIMMING NEWS

### DID YOU KNOW?

Drawings from ancient Egypt dating back 2500 years ago depict swimmers in competition. The first ship in the world to boast a swimming pool was (YIKES!) the Titanic. What's the common thread to these two facts? Many of us believe that our beloved Jim Dunleavy was there for both to record the action. Ok, ok, maybe not, but at some point you know his birthday announcement is coming!

Theresa Banks wasted no time making noise in the A Division. After 46 events, TB nursed a 260-259 lead over Belair Bath and Tennis at the Prince Georges Sports Complex then outscored BB&T through the final three relays 30-24 to take an opening victory 290-283. Takoma Park, the undefeated and reigning 2009 A Division champions, took their show on the road Saturday to Strathmore Bel Pre and emerged with a 312-252 victory. That win marked their seventh consecutive regular season win dating back to 2008. The Waves will match swimming talent with Takoma and Strathmore over the next two weeks on the road, not an easy task, then finish with Theresa Banks and Belair Bath and Tennis at home. B Division saw more change than any of the other

six divisions during the off season with three new teams moving up or down into the Waves former haunt. Adelphi Recreation easily downed West Arundel 327-247, while Silver Spring Swim Team appears to have finally ascended to the B Division throne—at least early on—cruising by West Laurel 303-258. In the battle of Bowie, Whitehall Pool and Tennis downed Belair Swim and Racquet by 21 points. If you're looking for a fun swimming experience in July, look for the date and host pool for the 2010 Bowie City Relays Meet. That annual meet brings the best of Belair Bath and Tennis, Belair Swim and Racquet, Whitehall and Pointer Ridge teams together for a day of relays and excitement. Older Waves parents may remember the Shark Meet! That was always a ton of fun at Smallwood.

## NEWS FROM AROUND SOUTHERN MD POOLS

What a tough loss for Smallwood at home against the Kingfish in D Division! The Marlins finished 46 events leading by eight only to lose all three relays for a 286-285 loss. Smallwood has been snakebitten with very close losses over the last three seasons. Indian Head took a hard loss to Russett in their D Division opener 327-240. In E Division, Bannister opened with a 279-244 victory over Temple Hills. They will be our hosts for the 2010 Charles County Championship meet. In F Division, Hawthorne opened the season with a very impressive 292-192 win over the Brandywine Blue Wave.

Congratulations to Calvert County's newest PMSL entry, Kings Landing, as they rocked to a 368-169

win over the Parks and Recreation Pride.

Although they're not a Charles County rival, our great friends from Montpelier opened their C Division campaign with a hard fought 289-256 loss to Cheverly on Saturday. Here's great wishes for a strong season for the Marlins and hoping we see you all again soon at the pool.

Please don't forget to mark your calendars for July 18th and the County Championship meet! It's our only meet on a Sunday and follows the last regular season meet on Saturday. We'll need lots of help with volunteers with two meets in 24 hours. Can't forget we're pushing for that 9th straight title!!

## ENDLESS SUMMER, THE LAST WORD

Already mentioned in the lead article but let me say it again. THANKS to every swimmer who reached across the lane ropes to congratulate an opponent on Saturday. You don't realize how that one small act of sportsmanship reflects on you and all of your teammates. It was impressive. And to the parents who stood, yelled and clapped for the young

ones struggling to finish...also impressive! All of our kids were there too at one time, and we struggled those last 10 yards with them. Hearing the crowd cheer them on is the best possible way to let them know we consider all of our swimmers, veteran winners or hopefuls for the future, that they all are Waves! Thanks to the parents who officiated and volunteered

as timers, clerks of course, ribbon writers, etc on Saturday. We cannot make this a memorable experience for the kids without each and every one of you. For the parents still a little timid, dive in! We'd love to pass on some of the duties to the next crop of parents who will carry the Waves tradition on into the future. GO WAVES!! See ya next week.

## WAVES OF WESTLAKE, REIGNING DIVISION B CHAMPIONS!