



INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

WAVES THUNDER TO OPENING WIN!

2009 WAVES SCHEDULE

JUNE 20—Silver Spring Tsunami @ WOW (WIN 285-200)

JUNE 27th—WOW @ Greenbelt

JULY 4th—BelAir Swim & Racquet @ WOW

JULY 11th—WOW @ Whitehall Pool & Tennis

JULY 18th—Montpelier @ WOW

(End of Regular Season)

JULY 19th—Charles County Championships!

JULY 25th—Division B Championship Meet

JULY 25th—Awards Banquet

AUGUST 1st—All-Star Meet

DIRECTIONS TO GREENBELT MUNICIPAL POOL

From the Beltway take exit 22A Baltimore-Washington Pkwy north. Take the first exit off the Parkway towards Greenbelt (this is an immediate exit and will be the second ramp after you enter the Beltway exit ramp). At end of Ramp turn right onto Rte. 193 West. Go to first traffic light (in your lane) and turn right onto Southway Road and proceed to second stop sign. Enter parking lot between Municipal Building and Bank of America. Pool is straight ahead. Or From B-W Parkway South exit at the Greenbelt exit. At end of ramp (Citgo gas station across "T" ramp) turn right onto Southway Road and follow the above directions.

(Copied from www.princemont.org website)

By 11:20 am when the first rolls of thunder were heard overhead, there was no longer any doubt whether the Waves of Westlake would be able to start the 2009 season with a victory. At the conclusion of event 44, the Waves had rumbled their way to a convincing 285-200 victory, and there would be no need to finish out the remaining IM and relay events.

The Waves took a 23-12 lead after the first two 200m medley relays and slowly built an ever-increasing lead utilizing their overwhelming depth to slam the Tsunami's valiant team.

The day also saw several key records fall. For the Tsunami, Jaime Wenhold captured the Dorchester pool record in the girls 10 & under 25m butterfly, and Madison Oehler stole the pool record for the girls 9-10 50m freestyle and girls 9-10 25m backstroke.

The Waves countered the attack as Andrew Nguyen tool the pool record in the boys 9-10 50m freestyle and the team record in the boys 9-10 25m breaststroke. His brother Anthony earned the team record for the boys 8 & under 25m breaststroke and the pool record in the 8 & under boys 25m backstroke.

Other team highlights included triple winners Susan Duncan and Anthony Nguyen. Double winners were

Andrew and Alexander Nguyen, Katalina Martinez, Christian Fisher, Cole Holloman, Abby Belote, and Trey Lutich. Single winners were Logan Hare, Darian Bassett, Zack Stephens, Ebony Sherrill, Noemi Arquero and Austin Fisher.

The newest events added to the 50th Anniversary PMSL season, the 200m Medley Relays, were dominated by the Waves boys team of Jamie Hibbert, Zack Stephens, Brad Tipper, and Trey Lutich, The girls relay of Kendall McMillen, Ebony Sherrill, Amelia Tarlton and Kelsey Hare easily outpaced Silver Spring's best team.

The Waves Caravan will rev up the wagons and depart Waldorf next Saturday morning for the first road swim meet of the season, visiting 2007 B Division Champ Greenbelt Municipal. Greenbelt boasts a larger team than Silver Spring and returns a talented team for 2009.

Congratulations go out to the swimmers, and to the new coaching staff's first victory.

A reminder to all fans that the snack bars at our away meets are vital to the success of our opponent teams. So keep the coolers small and patronize our friend's snack bars as much as possible. We count on them to do the same for us. Good sportsmanship goes beyond the pool!

MONTPELIER UPSET IN FIRST MEET; Belair Tops Greenbelt in Rain Shortened Event

2009 B Division

Westlake	1-0
Whitehall	1-0
Belair S&R	1-0
Montpelier	0-1
Silver Spring	0-1
Greenbelt	0-1

While the Waves were winning their opener, the top seed in B Division, the Marlins of Montpelier were being upset at the hands of host Whitehall Pool & Tennis, 289-275. The loss for the Marlins means that the second-seeded Waves can take an early jump on the road to winning the division and control their own destiny. Montpelier is our opponent in the final meet of the regular season and this intensifies the importance of that event.

an important step of their own, as they slogged to a big 236-172 win over Greenbelt in a meet also shortened by the storms. BSR rolled up a 64 point lead after 36 events when the meet was called for thunder and lightning.

So Bowie, MD, quickly becomes the site of two key early wins for former A Division powerhouses Whitehall and BSR! The Waves will host BSR at Dorchester Pool on July 4th, followed by a difficult away meet against Whitehall on July 11th.

In Bowie, Belair Swim and Racquet took

Charles County Championships, July 19th...will you be there to witness history?



CHARLES COUNTY RESULTS—WEEK 1

Now that the 2009 season is underway, the countdown to the Charles County Championship meet has begun. Our four county friends and rivals opened their campaigns yesterday and avoided the storms long enough to complete their first meets.

At Indian Head, the Torpedoes powered past Pointers Ridge of Bowie, 307-212, and raising a few eyebrows in the process! The Torps continue to build a solid

team down south. Also in D Division, and at the most distant pool in the PMSL, the Roger Carter Seals slipped past the Smallwood Marlins 292.5—274.5. Smallwood takes a tough opening loss up north.

In E Division, the always tough Bannister Barricudas won their first meet, 292-231, over fellow county rival Hawthorne Country Club. Nice job by the 'Cudas!

NEWS AND NOTES FROM AROUND THE PMSL

Looking around the other divisions, the “big six” got started on Saturday as Maximum Velocity Propulsion (MVP) swam convincingly past an awesome West Laurel team, 311-259. MVP seems to get stronger every season and we certainly enjoyed our past meets against them a few years ago. A class group of swimmers and parents! Next week MVP will be tested on the road against an always talented Teresa

Banks team. TB is still growing into their role as an A Division team, but seem to be there to stay for awhile.

In D Division, our former rival and friends from Ft. Washington took an opening day loss at the hands of the defending division champion Russett Sharks.

In C Division, West Arundel continues to grow as a power as they downed another up and coming team in Marlton Swim & Racquet. The PMSL looks good in '09!

THE SNACK BAR CREW WOWS 'EM AGAIN

Once again the Waves snack bar volunteers proved that the way to a swim fan's heart is through their stomach. Jan McCool and her dedicated group of volunteers provide the very best in pastries, fruits and veggies, and of course, the famous Walking Tacos! What no one notices often enough though is that this group of ladies rarely get time to come out of the building long enough to see their children swim or experience the

flow of the meets. Yet, every Friday night they're cooking taco meet, slicing fruit and preparing a cornucopia of culinary delights so that we all can enjoy the day that much more. Next home meet, be sure to stop in and thank them for all their hard work. We do notice and we love you all for what you do for the rest of us. And as always, please help them out with donations to the snack effort or offer to work with them for one of the meets!

DID YOU KNOW?

The Waves of Westlake were first known as the Lancaster Blues. The Blues were an awesome team and claimed numerous division championships during their time representing the Westlake area. The Waves were chosen as a new name once Dorchester and Hampshire communities came along.

The trophy has been ours for seven years....time to give it back?

For late-breaking Waves news: www.wavesofwestlake.info