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# INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

**WELCOME TO THE WAVES OF**

**WESTLAKE 2009 SEASON!**

## 2009 WAVES SCHEDULE

JUNE 13—Time Trials @ WOW

JUNE 20—Silver Spring Tsunami @ WOW

JUNE 27th—WOW @ Greenbelt

JULY 4th—BelAir Swim & Racquet @ WOW

JULY 11th—WOW @ Whitehall Pool & Tennis

JULY 18th—Montpelier @ WOW

(End of Regular Season)

JULY 19th—Charles County Championships!

JULY 25th—Division B Championship Meet

JULY 25th—Awards Banquet

AUGUST 1st—All-Star Meet

Returning swimmers, new families, Swim Moms and Swim Dads, welcome to the 2009 Waves of Westlake season!

If you're a new swimmer and team family, a special welcome to one of the hottest sports teams in Southern Maryland. The Waves, one of 40 Prince-Mont Swim League teams, are ranked once again in the top 12, and a second seed in Division B for this coming season. More importantly, the Waves are riding a seven year run as Charles County Champions!

The Waves return the core of one of their most talented teams in their long history, and appear set to improve on 2008's 3-2 regular season record, and shocking win in the Divisional Championship Meet.

On May 17th, the Waves officially kick off the new season with registration of the swimmers, and ordering of the new uniforms. Please be on hand early to avoid the crush of 120 swimmers. The schedule in the left bar of this newsletter will walk you through what should be an exciting B Division season.

Also, please remember, swim teams are one of the most expensive youth sports to maintain. From the cost of competition approved lane ropes, sound systems, tents, etc, it costs a lot of money to keep a team at competition strength. Those costs can only be offset by our team fundraisers. Last year, the five fundraisers with the Southern Maryland Blue Crabs baseball team brought in

thousands of dollars that offset the cost of membership and allowed for much needed upgrades. Now we need you again. Every family needs to help out and sign up to work the concession stands for a game. The Blue Crabs improved on our selection of concession nights by giving us Opening Night on April 23rd—a huge success by the way—and several fireworks and weekend nights. If you haven't signed up for a game yet, please do so by the end of registration! Not only is it a lot of fun along with the hard work, it's a great way to meet your teammates and fellow parents! We need all of you!

Welcome to 2009!

## BLUE CRABS FUND RAISERS

Last year, Waldorf's minor league baseball team, the Southern MD Blue Crabs, provided five great fund raising opportunities, and the money earned allowed for benefits to all Waves families, including reduced team fees and new equipment. On April 23rd the Crabs embarked on their second season and invited the Waves to earn a lot of cash too. It was an enormous opening success!

## VOLUNTEER TO WORK AT LEAST ONE GAME!

CALL JOHN STEPHENS AT 410-610-3102 TO RESERVE YOUR SPOT AT ONE OR MORE GAMES.

## WEEKLY ROUNDUP FROM DIVISION B

2009 B Division		
Montpelier	0-0	0 pts
<b>Westlake</b>	0-0	0 pts
Greenbelt	0-0	0 pts
Belair S&R	0-0	0 pts
Silver Spring	0-0	0 pts
Whitehall	0-0	0 pts

This is the column that will keep you abreast of all the results from inside B Division! From Belair to Whitehall, all the news from our division rivals is here each week, right after you read the Waves results story above. Don't miss one week of action in the most competitive of the PMSL divisions. Montpelier and

Westlake appear poised to battle for the regular season title on July 18th in the final regular season meet of the year. But trying to derail the two division powerhouses will be an ever growing Silver Spring team, always tough Belair and Whitehall from the swimming mecca that is Bowie, MD, and of course, the 2007 B Division

Champion, Greenbelt Municipal.

Each year it seems these six teams raise the bar for quality competition, and since it's also the third straight year without a change in the division seedings, the rivalries just get hotter! Stay tuned for hot Division B action!!

*July 19th, 2009, remember it...live it...win it...will you be ready?*



## WAVES COUNTY RIVALS READY FOR 2009!

Charles County swimming has begun to make noise throughout the State. From the Winter strength of our Southern Maryland Athletic Conference high school teams, to the Potomac Raiders and our five Summer teams, Maryland has been getting a taste of one of the fastest swimming counties. Our friends at Indian Head, Bannister, Hawthorne Country Club and Smallwood are out to take on their own divisions in 2009, but when all is said and done, the sweetest victory would be stopping the Waves'

championship roll that has been in effect since 2002. That's right, seven straight County meet titles have gone to the Waves in convincing fashion. Last year the Waves rolled up over 400 points and now sit just one win away from the all-county record for most consecutive wins. But while the scores have been convincing, the talent never stops growing within our rival teams. Bannister and Hawthorne, two of the league's smaller teams, boast top flight swimmers from around the County. Indian

Head has seen a resurgence lately as they hope to claim their first county title in 9 years. And you can't talk competitive swimming unless you include our largest rival across Rt 301, the Smallwood Marlins!

The Marlins never quit in the pool, and our hopes for an eighth straight County win will somehow come down to how the young talent at Smallwood is developing.

Here's good luck to our friends from across Charles County!

### DID YOU KNOW?

*USA Swimming has modified the rules for "racing starts" to further protect younger swimmers involved in head first dives. Want to know more about the rule modifications? Go to <http://usaswimming.org> for all the updated information from USA Swimming!*

## NEWS AND NOTES FROM AROUND THE PMSL

With the addition of two new clubs, the PMSL grows to 40 teams for the 2009 campaign. Division A once again finds the top six teams in the league battling for the ultimate PMSL title. It's never easy in this division! The powerhouses of Maximum Velocity Propulsion and Belair Bath & Tennis join with the incredibly talented teams of West Laurel, Takoma Park, Teresa Banks and Strath-

more Bel Pre to form the elite of the PMSL.

Division C also brings much talent to the table, and hosts several of our longtime rivals.

With Cheverly, New Carrollton, Adelphi, Marlton, West Arundel and Northridge, Division C is jacked up and ready for a tremendous season in the pool.

Division D will host our county rivals Indian Head and

Smallwood, along with longtime rival Ft. Washington, and the up and coming Pointers Ridge, Russett and Roger Carter swim teams.

Division E holds our other county friends Bannister and Hawthorne Country Club, led by former Wave McKenzie Olup.

Division F & G hosts the smaller league teams and those just entering the PMSL. You can find detailed info on all 40 PMSL teams at: [www.princemont.org](http://www.princemont.org)

### CHEERING PARENTS—THE WAVES NEED YOU!

One thing some of the parents noticed and brought up last season was the smaller crowds than usual at some of the meets, especially time trials. While the busy Summer schedules have parents scrambling to get to soccer, baseball and swim meets, we urge you to load up the grandparents, aunts, uncles and friends and come out to the meets to

cheer on the Waves. Swim meets can be confusing to understand the scoring system, but once you get the hang of it, there are few sports events more exciting, especially when the relays hit the water. We want our swimmers to hear the cheers, and they tend to swim faster when they have their own fan club present! While time trials are not a

regular season meet, they are the only chance for Waves swimmers to compete with one another for seeding slots as the season gets underway. Come out on June 13th and get the first look at the 2009 Waves team, enjoy a Walking Taco, and listen to the cool Motown tunes. Maybe you'll be inspired to try your hand as a timer or deck official! We are a family and we need yours to come out and be a part of it!

***shhh...it's coming...July 19th, 2009...will you be ready?...***

*For late-breaking Waves news: [www.wavesofwestlake.info](http://www.wavesofwestlake.info)*